

# LIFE GROUP QUESTIONS

WEEK OF JANUARY 1, 2017

Current Message:

Run Your Race

Hebrews 12:1-2

**Icebreaker:** Name some New Year's resolutions you have made in years past. Did or didn't you keep them? Why?

**BIG IDEA - Run your race God's way, with God's help, for God's glory.**

1. Hebrews 12:1 describes our life as a race, which means "a marathon".  
**What are characteristics of a marathon that would parallel your life?**

The message from Sunday gave three ways we run our race God's way, with God's Help for God's glory

2. The first way was to "**Look at the witnesses.**" Verse 1 of Hebrews 12 starts out by saying "Therefore", letting us know we need to pay attention to what is written before verse 1. Hebrews 11 lists many Bible characters from the Old Testament that "ran their race" by faith. Verse 1 of Hebrews 12 states that "we are surrounded by a great cloud of witnesses" as we run our race. **How does remembering how "the witnesses" from Hebrews 11 or other places in the Scriptures encourage you as you run your race?**
3. Faith was defined as "a conviction in God's character and competence to complete what He has promised." **Why is having this type of faith important if you are going to run your race God's way, with God's help, for God's glory?**

4. **The second way we were to run our race was to "Look at Ourselves" according to the second part of Hebrews 12:1.** Three questions were given to help us "look at ourselves" as we run our race: 1) What is weighing me down from running my race? 2) What sin is hindering me from running my race? and 3) Am I running my race with endurance? **Which of these questions do you believe you need to focus on and address most in order to run your race well?**
5. **"Look to Jesus" was the third and most important way to run our race God's way with God's help for God's glory according to Hebrews 12:2.** Jesus is the perfect motivation and illustration for us as we run our race. **Why is looking to Jesus paramount to you running your race?**
6. **We were given 4 things to remember as we look to Jesus when we are running our race:**
  - **Relationship with Jesus** - Grow through reading His Word and prayer everyday
  - **Rejoice in what Jesus is doing in and through you.** - the joy minimizes the pain
  - **Rely on the Holy Spirit's power** - Christ did it so you can.
  - **Rest in Jesus' faithfulness toward you.** - His faithfulness overcomes our unfaithfulness

**Which one are you seeing the most growth in and which one do you need to grow in the most? What are some practical steps you are going to take to grow in your weakest area in order to run your race God's way, with God's help, for God's glory?**

