

LIFE GROUP QUESTIONS

WEEK OF FEBRUARY 21, 2016

CURRENT SERIES: FINDING JOY
PHILIPPIANS 4:8-9

Icebreaker: What are things in life that rob us of peace?

1.) **Renew Your Mind (v 8)** As we put off (or remove) the things from last week (see verses 2-7) from our hearts and minds, Paul instructs us on how to BEST fill our mind. ***What are some examples of...***

Whatever is TRUE

Whatever is HONORABLE

Whatever is JUST

Whatever is PURE

Whatever is LOVELY

Whatever is of COMMENDABLE

2.) **Respond to “what you know” (v 9).** What does this passage say is necessary to have a life characterized by the traits above? How are you doing with this?

3) Why does Paul give his own life and teaching as the model for Christian action? How does this challenge you?

4) What things do you think about when you have free moments during the day? What would it look like if you were to consciously shift your thoughts to things that are true, honorable, ...? What implications does 4:8 have for a Christ-like attitude toward the arts, TV, movies, reading, and other pastimes?

5.) What does this whole passage teach us about peace? Is it natural? Summarize what is necessary to have peace of mind?